

WEDNESDAY

6:15 am

- Sleepwalkers (H) 7631-7633 Main St., Ralston

6:30 am

- Attitude Adj. 7306 Grant St. (Patty McGill Rm.)

6:45 am

- Sunrise Attitude Adjustment (H) Center Mall, Suite 109 (Lower Level), 1941 S 42nd St

7:00 am

- Eye Opener (H) 410 S. 16th St., Council Bluffs, IA
- No Shows (H,D) 3509 S. 84th St., Denny's
- Up and At Em 219 N. 48th St.

7:15 am

- Early Bird 5035 S. 134th St.

9:15 am

- Short & Sweet (H,D) 7631-7633 Main St, Ralston (Lower Level)

9:30 am

- From There to Here (H,D) 10710 Corby Cir. Presbyterian Church of The Master, (SE corner)

10:00 am

- Easy Does It (H,W-O) 410 S. 16th St., Council Bluffs, IA
- The Breakfast Club (H) Center Mall, Suite 109 (Lower Level) 1941 S 42nd St
- Midweek Reflection (H,D) 5035 S. 134th St.
- New Beginnings 7101 Newport, Ike Friedman Bldg. (Rm 208)

- Tender Trap 219 N. 48th St

12:00 pm

- Grupo 21 De Octubre (Spanish) 1234 S. 13th St.
- High Noon. 1523 Vinton St.
- Living the Steps (12 x 12) (H) 7306 Grant St.
- Lunch Hour Group (H,D) UNO-HPER. Room 101, Student Health 60th and Dodge St.
- Midweek Relief 104 Galvin Rd. North, Immanuel Lutheran Church, Bellevue
- Midweek Sobriety (H) 410 S. 16th St., Council Bluffs, IA
- Ralston Noon Break Group (H) 7631-7633 Main St., Ralston (Lower Level)
- Over The Hump (C,H,D) Village Inn, 7837 Dodge
- Simplicity (H) 4350 Dewey, Clarkson Tower. 1st Floor, Volunteer Services Office.
- Wed. Noon 12x12 5007 Underwood, Dundee Dell (lunch available) last meeting this location 30 August
- Wednesday Noontimers (H) 1725 S. 60th St. St. Matthew's Lutheran Church
- We Group People 4615 N. 34th Ave

12:05 pm

- Bellevue 12:05 1908 Lloyd, Twin Valley Church, Bellevue

12:10 pm

- Millard Nooner (H,SP) 5035 S. 134th St.

12:30 pm

- One More Day (H) Center Mall, Suite 109 (Lower Level) 1941 S 42nd St
- First Ladies (W-O) 201 N. 90th St., First Covenant Church

2:00 pm

- Wednesday Wacky Women (D,W-O) 5035 S. 134th St. (Downstairs)

5:15 pm

- Two-Fers 5035 S. 134th St.

5:30 pm

- A Step Above (H) Center Mall, Suite 109 (Lower Level) 1941 S 42nd St
- Oasis (D) 219 N. 48th St.
- Sailing Sounds 2582 Redick Ave. Viking Ship.
- The Whole Big Book (H) 7306 Grant St.

6:00 pm

- Taking the Steps (BB) 2409 Jackson St., Bellevue Christian Church
- Happy Hour # 2 1523 Vinton St., Alano Club
- Northside Winners (H) 2406 Fowler, ENCAP Bldg., 1st flr.
- Popsickle Wahine (W-O) 36th St & Harney 1st Congregational Church.

6:30 pm

- Emotional Sobriety 101 (H, D) 7306 Grant, downstairs
- In to Action (H) 7631-7633 Main St., Ralston (Lower Level)
- Right Off The Vine. (H,GVS) 7631-7633 Main St Ralston
- Open Meeting 410 S. 16th St., Council Bluffs, IA

7:00 pm

- Big Book Study 222 N Jefferson St., Papillion Sump Memorial Library, Conf Rm., SE corner
- Fourth Dimension 219 N. 48th St.
- Grupo 21 De Octubre (Spanish) 1234 S. 13th St, Ste 205
- Grupo Nueva Vida (Spanish) 2312 'N' St.
- Grupo El Rescate (Spanish) 2403 Hickory St.
- Just For Tonight (H,D,SP 4th Wk) 1500 Pine, Pine Towers
- Road To Happy Destiny (D) 2240 Landon Court

- Sober Journeys Big Book Study, Bethel Lutheran Church, 1312 S. 45th St.
- Wednesday Night Group (H, BB) Augustana Lutheran Church, 3647 Lafayette Ave
- Wednesday Step Study (H) 7020 Cass St., First United Methodist Church, W. entrance, Mead Hall
- Wednesday Nite We (D) 200 16th Ave. Council Bluffs

7:30pm

- Enabled Group (H) 2582 Redick Ave. Viking Ship.
- Stonehedge (H,D) 7101 Newport Ave., Immanuel III Prof. Ctr., Rm 208
- Wednesday Night Workshop 3869 Webster St.

8:00 pm

- First Step (H) 410 S. 16th St., Council Bluffs
- Hard Core (H, BB) 1702 Nicholas St., Siena Francis House, north door
- Step Tradition Story (H,D,C) St. Margaret Mary's (Basement) 60th & Dodge St.
- Shake A Hand 4615 N. 34th Ave.
- Wagon Master (H) Center Mall, Suite 109 (Lower Level) 1941 S 42nd St
- Wed. Night Wild Bunch (H,Y-P) 851 N. 74th St., Underwood Hills Presbyterian Church

8:15 pm

- Come All The Time (H) 7631-7633 Main St., Ralston (Lower Level)
- Come Any Time (H) 7631-7633 Main St., Ralston (Lower Level)
- Way of Life (H,D) 5035 S. 134th St.

8:30 pm

- Fellowship (*) 219 N. 48th St.
- Surrender (C) 1523 Vinton St.

11:00 pm

- Alive at Eleven (D) Center Mall, Suite 109 (Lower Level), 1941 S 42nd St